##### Instituto de Educação Infantil e Juvenil

##### Outono, 2020. Londrina, 30 de Março.

##### Nome: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ Turma: \_\_\_\_\_\_\_\_\_\_\_\_

##### Área do conhecimento: Inglês | Professor(a): Leandro

English Individual Progress\_A1+ to B2+

1. **Study** for 30 min (no histórico do estudante) using Dyned.
2. **Self coaching** (after the end of the session, open in “Opções - Relatório detalhado”)
* Time :
* Repetitions :
* Recordings :
* Listening to yourself :
1. **Write** a short text about the first week of quarantine that you had in your life! (3 lines at least).
2. Do your self-evaluation of the day (**D.P.O**): \_\_\_\_\_\_\_\_\_
3. **Post this document on Moodle!**

-I will be online during regular class time, you may contact me through:

 leandro.ieijf2@gmail.com using e-mail, Hangouts.